

# The Being Well Center

30 years. 10,000 patients . . . We know ADD.

Dr. Craig B. Liden, MD - Medical Director  
 Terri West, PA-C - Associate Medical Director  
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## How We Are Different

At the BWC, we're not your typical medical practice! Unlike a family doctor or pediatrician, or even the average mental health specialist, at the BWC we take a close, caring, and systematic approach that others just don't do.



	The Being Well Center	Family Doctor/ Pediatrician	Mental Health Professional
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- Offers a thorough question-and-answer **Discovery** session to give patients a chance to ask questions, express their concerns, and tell their story.
- Offers a comprehensive **Assessment** to analyze ALL factors (i.e., The Whole Person) affecting the patient
- Creates a short and long-term intervention **Plan** tailored to the patient's unique needs
- Systematically tests medications and doses to ensure the use of the right medicine (if needed) and dosage schedule
- Provides **Continuous Support** to implement the plan, make adjustments, answer questions, review next steps, & celebrate victories.
- Focuses on the goal of **Independence** . . . the ability to confidently lead a productive and successful life
- Provides extended appointment times if necessary, and the time needed to thoroughly vet issues, answer questions, and refine the plan to maintain progress in accomplishing goals
- Offers in-office, phone and face-to-face Skype follow-up visits
- Offers Long-Distance Services and Support
- Has a multi-disciplinary team of professionals on staff (not a referral) that collaborates together with our patients and their families
- Discusses patients' status, ongoing challenges and progress each day in an hour-long team meeting
- Provides continuous treatment and support across the **Life Span**.

Offers a thorough question-and-answer <b>Discovery</b> session to give patients a chance to ask questions, express their concerns, and tell their story.	✓		✓
Offers a comprehensive <b>Assessment</b> to analyze ALL factors (i.e., The Whole Person) affecting the patient	✓		
Creates a short and long-term intervention <b>Plan</b> tailored to the patient's unique needs	✓		
Systematically tests medications and doses to ensure the use of the right medicine (if needed) and dosage schedule	✓		
Provides <b>Continuous Support</b> to implement the plan, make adjustments, answer questions, review next steps, & celebrate victories.	✓	✓	✓
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