



A Being Well Center program designed to guide students through the challenges of independent college life.

## Is this your story?

Threats haven't cut it. Nagging hasn't worked. Reminders have gone ignored. The academic probation letter has arrived in the mail. Your worst fears have been realized. Your child's chances of success in life along with your substantial investment are going down the drain. Now what?

## You're not alone!

It should be no surprise that you're not alone. Statistics show that 1 out of 6 entering freshman will be placed on probation or dismissed from school and less than 20% of these will ultimately get a degree. More than 40% of entering freshmen have an attention, learning, language or mental health problem, including depression, anxiety, mood disorder, personality disorder, or substance-use disorder that will serve as a barrier to success. And, less than 25% of these students will ever graduate.

## Confidence@College can help!

The question is, how do you help your child avoid becoming one of these statistics and instead move toward a successful graduation? The Being Well Center's Confidence@College program can help! 81% of students enrolled in the BWC's Confidence@College are on track to graduate. Dr. Craig B. Liden, MD, an internationally recognized expert in the diagnosis and treatment of ADD/ADHD, and his multi-disciplinary team, conduct a comprehensive, structured assessment of your child, develop and implement an individualized success plan, and provide personalized, ongoing support once your student arrives on campus. We allow parents to relax and realize great returns on their college investment and guide students to become their own best advocate in meeting the new demands of independent college life!

## How does C@C work?

A student enrolled in C@C begins with **1** a Discovery Session, a thorough question and answer session where our team gets to know the whole student. Students and parents get to express their concerns, tell their story and ask questions. **2** Next, the student participates in a one and half hour examination during which both their physical and neurobehavioral health is assessed. **3** The student and parents then meet with members of the C@C team, including their personal BWC Counselor or "Guide", who customize a comprehensive success plan that defines the goals and objectives for treatment and medication options where appropriate. It includes a roadmap to help avoid and work around barriers to success, overcome setbacks and get the most out of treatment. **4** Finally, the student's BWC Guide provides continuous support through our Guide U Service that uses innovative technology to facilitate acceptance, compliance, self advocacy and adherence to healthy daily routines and responsibilities. Through regular "on-line" meetings, the BWC Guide helps implement the success plan, make adjustments, answer questions, celebrate victories and define next steps.

## What is the goal of the BWC?

The Being Well Center has one goal and vision for all patients across the lifespan: Cultivating and achieving a sense of confidence, self-dependence, success, and productivity for the future. There's a cap and gown in your student's future. We can see it. We can help.

For more information: 724.443.4120 or [thebeingwellcenter.com](http://thebeingwellcenter.com)



The Being Well Center provides diagnostic and treatment services for individuals across the lifespan with ADD/ADHD, behavior control difficulties, academic and college performance problems, weight management issues, and social/pragmatic difficulties, including spectrum disorders.