



Is Your Kid Ready for College?

This survey can help you identify if your kid is at-risk for college failure.

Check the best answer for each statement:

TEMPERAMENT: Your kid's personality

Really True Sort of True Not True

Easily frustrated, gives up easily			
Highly sensitive, prone to worry and anxiety			
Extremely obsessive about things			
Overreacts to problems, disappointments, and failures			
Excessively shy, slow to warm up to new situations and people			
Has a very hard time adjusting when things change			
Very moody, negative, seems unhappy most of the time			
Has significant difficulty persisting to complete things has started			

READINESS SKILLS: Your kid's abilities

Has difficulty understanding what others say			
Has difficulty expressing self and maintaining conversations			
Doesn't read social cues, struggles to maintain friendships			
Doesn't like to read, struggles to understand/remember what he/she reads			
Has problems taking notes			
Has had extreme difficulty remembering things he/she has studied			
Has difficulty developing a well organized and clearly written paragraph, paper, or theme			
Has underachieved for his/her ability level			
Unable to manage money responsibly			

ATTENTION: Your kid's ability to focus and regulate behavior

Appears sleepy much of the time, struggles to stay alert when studying, reading, etc			
Makes lots of careless errors			
Makes impulsive decisions about drinking, using drugs, having sex, or driving			
Requires excessive structure and reminders to complete homework, study for tests, and complete projects in a timely fashion			
Cannot solve problems on his/her own			
Easily distracted, struggles to sustain his/her focus			
Fails to check over work to make sure it is right			
Doesn't recognize when his/her behavior is inappropriate			
Has significant difficulty exerting self control over his/her behavior			
Has frequently skipped or failed to go to class			
Struggles to process information and generate a response in a timely fashion			
Procrastinates, puts off things until the last minute			
Has difficulty remembering and following through with directions			
Is disorganized, frequently forgets or misplaces things			

NEUROMATURATION: Your kid's physical abilities

	Really True	Sort of True	Not True
Seems very susceptible to illness, gets lots of colds, flu or other infections			
Is extremely overweight or underweight, has an eating problem			
Has a hearing or vision problem that is not being treated			
I have difficulty falling asleep, staying asleep or waking up on time			

STRESSES: Challenging circumstances in your kid's life

Has a chronic health problem requiring him/her to comply with ongoing treatment			
Has a mental health problem requiring him/her to comply with ongoing treatment			
Struggles to remember to take medication or other treatments			
Has had problems related to drinking or drug use			
Has had an IEP or 504 agreement in elementary or secondary school			
Is involved in a dysfunctional relationship (with parent, sibling, or boyfriend/girlfriend)			
Has never spent time away from home			
Has been involved with the law			

ATTITUDES: Your kid's values

Doesn't value academic success			
Struggles to prioritize responsibilities over having fun			
Lacks a set of beliefs to guide his/her behavior or decisions			
Is overly dependent upon others to do things for him/her			
Takes parents financial support for granted, doesn't plan to contribute to college expenses			
Doesn't see value having a support system to turn to when problems arise			

COMPARISONS: Your kid's standards

Struggles to accept that he/she has any problems			
Has a low self esteem, seems depressed			
Struggles to speak up for him/herself			
Doesn't take responsibility for his/her behavior			
Struggles to maintain healthy routines for sleeping, exercise, eating, & personal hygiene			
Lacks motivation or strong work ethic			
Is extremely judgmental of differences in others			
Has unusual thoughts or rituals			
Has talked about harming him/herself; attempted suicide			
Has wide swings in his/her moods			

TEMPERAMENT: Significant others in your kid's life

Has had extreme clashes with a peer, roommate, teammate, boyfriend/girlfriend			
Has had extreme clashes with a teacher, instructor, coach, or other authority figure			

Interpretation: Answering "really true" to any one of the statements or "sort of true" for three or more of these statements suggests that your kid may be at risk for having significant problems at college. There's lots that can be done to increase the chances for success! Reach out for support and guidance now!

Child's Name: _____ Parent's Names: _____

Date Completed: _____